

National Duathlon Championships 2018 R4 VDS

Results by Category: Sprint

Date: 14 Oct 2018



Pos	No	Name	Time	Run1	T1	Cycle	T2	Run2
Male : 15-19								
1	29	Kurt MCDONALD	00:57:19	00:15:36	00:00:22	00:31:00	00:00:19	00:10:01
2	30	Darcy WILLIAMS	01:03:14	00:16:56	00:00:24	00:34:13	00:00:28	00:11:12
3	39	James GOLD	01:04:23	00:17:43	00:00:21	00:35:28	00:00:21	00:10:28
4	12	Kobe HENDERSON	01:04:23	00:18:04	00:00:24	00:33:27	00:00:22	00:12:05
5	87	Liam COYSH	01:04:54	00:17:47	00:00:19	00:35:25	00:00:20	00:11:01
6	97	Lachie WATSON	01:05:48	00:17:47	00:00:22	00:35:27	00:00:26	00:11:44
7	108	Jack MITCHELL	01:06:11	00:18:14	00:00:25	00:35:18	00:00:28	00:11:45
8	127	Luke GOLD	01:06:15	00:17:21	00:00:23	00:37:24	00:00:25	00:10:41
9	146	Jack AMLING	01:07:22	00:19:11	00:00:27	00:35:12	00:00:28	00:12:03
10	163	Harrison BOLTON	01:07:48	00:18:49	00:00:25	00:34:45	00:00:30	00:13:17
11	71	Jackson TINKER	01:08:02	00:19:12	00:00:31	00:36:21	00:00:39	00:11:17
12	15	Oscar RILEY	01:08:27	00:17:47	00:00:23	00:37:00	00:00:25	00:12:51
13	11	Patrick VOHS	01:08:37	00:18:41	00:00:30	00:37:20	00:00:32	00:11:33
14	104	Tomm JANSEN	01:08:45	00:18:04	00:00:26	00:36:14	00:00:26	00:13:34
15	56	Winston KENYON	01:08:49	00:19:25	00:00:33	00:35:44	00:00:27	00:12:39
16	169	Francisco Andr?s CHAVEZ ALARC=N *	01:09:37	00:20:16	00:00:30	00:36:00	00:00:23	00:12:27
17	77	Jordan CHAPMAN	01:10:01	00:19:16	00:00:28	00:35:41	00:00:32	00:14:03
18	81	Hamish FERGUSON	01:12:06	00:19:07	00:00:26	00:39:10	00:00:31	00:12:49
19	151	Ben CROFTS *	01:12:31	00:19:54	00:00:54	00:37:57	00:00:44	00:12:59
20	178	Bailey MCDONALD *	01:12:52	00:21:13	00:00:29	00:37:12	00:00:23	00:13:33
21	28	Ethan HAYES	01:14:41	00:20:22	00:00:31	00:39:03	00:00:32	00:14:12
22	134	Jackson STREADER	01:15:18	00:21:39	00:00:26	00:37:34	00:00:27	00:15:12
23	124	Daniel HUTTON *	01:18:35	00:23:45	00:01:08	00:38:43	00:00:44	00:14:12
24	135	Hudson STREADER	01:25:36	00:24:06	00:00:35	00:43:19	00:00:33	00:17:01
Female : 15-19								
1	9	Rebecca HENDERSON	01:07:18	00:19:08	00:00:20	00:35:37	00:00:22	00:11:50
2	20	Kodey HOGDSON	01:11:27	00:20:58	00:00:20	00:37:11	00:00:22	00:12:34
3	82	Ola EVANS	01:13:16	00:20:30	00:00:21	00:39:08	00:00:24	00:12:52
4	8	Grace BUNTING	01:15:02	00:20:05	00:00:24	00:39:53	00:00:29	00:14:09
5	110	Ella WALSGOTT	01:17:11	00:20:08	00:00:33	00:42:54	00:00:35	00:12:59
6	138	Tamsyn LOVASS	01:21:18	00:21:37	00:01:15	00:43:05	00:01:08	00:14:11
7	33	Ella HUMPHREYS	01:24:54	00:25:08	00:00:33	00:47:09	00:00:40	00:11:23
8	179	Ruby O'SULLIVAN *	01:26:55	00:22:53	00:00:30	00:47:05	00:00:31	00:15:54
Male : 20-24								
1	53	Calvin AMOS	01:00:20	00:17:11	00:00:31	00:31:28	00:00:27	00:10:42
2	43	Matthew SULLIVAN	01:05:44	00:19:34	00:01:00	00:31:48	00:01:06	00:12:15
3	193	Jacob TORRES *	01:08:12	00:19:23	00:00:53	00:35:12	00:00:37	00:12:04
Female : 20-24								
1	73	Megan WITHERS	01:07:50	00:19:15	00:00:21	00:36:17	00:00:22	00:11:33
2	100	Stephanie DEMESTICHAS	01:12:42	00:20:55	00:00:51	00:37:40	00:00:44	00:12:30
3	154	Amanda FONTAINE	01:17:05	00:22:05	00:00:58	00:40:14	00:00:45	00:13:02

Pos	No	Name	Time	Run1	T1	Cycle	T2	Run2
4	157	Laura WOOD	01:24:49	00:24:47	00:00:36	00:41:23	00:00:43	00:17:20
Male : 25-29								
1	62	John DAVIS	01:01:23	00:16:56	00:00:25	00:32:45	00:00:22	00:10:54
2	92	Jack DONOVAN	01:03:02	00:18:05	00:00:29	00:32:53	00:00:28	00:11:06
3	162	Daniel REARDON	01:06:46	00:18:33	00:00:46	00:35:07	00:00:51	00:11:27
4	140	Evan IPSEN	01:07:28	00:19:44	00:00:43	00:34:53	00:00:37	00:11:30
Female : 25-29								
1	181	Yasmin VALLADARES	01:11:42	00:21:55	00:00:29	00:35:48	00:00:30	00:12:58
2	66	Elysia ORMEROD	01:42:57	00:30:50	00:01:19	00:49:00	00:01:45	00:20:02
Male : 30-34								
1	101	Wesley SULZBERGER	00:58:31	00:16:46	00:00:33	00:30:17	00:00:30	00:10:25
2	96	Pierre GOUWS	00:59:09	00:17:03	00:00:23	00:30:46	00:00:23	00:10:33
3	98	Caleb MCINNES	01:01:07	00:16:56	00:00:28	00:32:13	00:00:28	00:11:01
4	167	Martin SPRONG	01:02:04	00:17:04	00:00:28	00:32:14	00:00:29	00:11:49
5	186	Michael CASSINIDES *	01:04:14	00:17:23	00:00:28	00:35:05	00:00:31	00:10:45
6	171	Andrew SHAW	01:04:19	00:17:07	00:00:47	00:35:38	00:00:39	00:10:06
7	111	Daniel HOPPER	01:05:31	00:20:47	00:00:42	00:30:20	00:00:31	00:13:09
8	141	Damien COGHLAN *	01:07:23	00:18:28	00:01:00	00:35:42	00:00:42	00:11:31
9	184	Emmet O'DWYER *	01:09:56	00:20:01	00:00:47	00:36:41	00:00:41	00:11:45
10	201	Ruben HOLLEBON *	01:10:54	00:19:37	00:01:03	00:37:07	00:00:40	00:12:25
11	191	James STRAW	01:12:28	00:21:40	00:00:34	00:35:57	00:00:39	00:13:36
Female : 30-34								
1	190	Christabel STRAW	01:07:19					
2	188	Trinh THAI *	01:11:51	00:21:23	00:00:42	00:36:15	00:00:35	00:12:55
3	139	Miriam ORR	01:14:33	00:20:53	00:01:10	00:38:40	00:00:48	00:13:00
Male : 35-39								
1	130	Leigh ANDERSON-VOIGT	00:56:37	00:16:02	00:00:24	00:29:48	00:00:27	00:09:55
2	57	Tom CROUCH	00:58:07	00:15:38	00:00:23	00:31:52	00:00:24	00:09:48
3	174	Jonathan CANTWELL	00:58:43	00:17:22	00:00:30	00:29:26	00:00:22	00:11:01
4	95	Stephen HADLEY	00:59:51	00:16:33	00:00:22	00:31:43	00:00:36	00:10:36
5	142	Ryan MARTIN	01:00:49	00:16:39	00:00:31	00:32:54	00:00:31	00:10:13
6	129	Daniel KELLY	01:05:26	00:19:53	00:00:37	00:31:54	00:00:33	00:12:28
7	86	Ricky KROESEN	01:09:15	00:20:17	00:00:32	00:34:29	00:00:27	00:13:29
8	150	Jordan MACEY *	01:27:28	00:23:46	00:01:28	00:43:02	00:01:39	00:17:31
Female : 35-39								
1	116	Miranda GRIFFITHS *	01:06:11	00:19:34	00:00:28	00:32:42	00:00:35	00:12:50
2	83	Suellen VAUGHAN	01:12:39	00:21:34	00:00:36	00:37:13	00:00:43	00:12:31
3	1	Jacqueline MANISON *	01:30:38	00:25:11	00:00:39	00:48:16	00:00:29	00:16:02
Male : 40-44								
1	76	Jonathan LANE	01:01:34	00:17:50	00:00:26	00:31:40	00:00:28	00:11:08
2	121	Charlie WHITE	01:02:07	00:17:17	00:00:24	00:33:11	00:00:22	00:10:51
3	52	Brett FRANKLIN	01:02:11	00:18:02	00:00:43	00:31:10	00:00:43	00:11:31
4	137	Ben FAHY	01:02:32	00:16:43	00:00:42	00:33:43	00:00:45	00:10:38
5	164	Nigel FANNING	01:02:44	00:18:26	00:00:25	00:31:45	00:00:28	00:11:37

Pos	No	Name	Time	Run1	T1	Cycle	T2	Run2
6	115	Simon MILLER	01:05:24	00:17:50	00:00:35	00:35:40	00:00:32	00:10:46
7	37	Bryan BENSHOOF	01:07:55	00:19:05	00:00:41	00:35:11	00:00:54	00:12:03
8	41	Adrian POLIDANO *	01:09:03	00:19:00	00:00:54	00:36:36	00:00:43	00:11:48
9	88	Danny KHAZEN	01:14:01	00:21:11	00:00:39	00:37:54	00:00:34	00:13:40
10	44	David GUNN	01:15:37	00:21:49	00:00:54	00:38:12	00:00:44	00:13:57
11	80	Adam BRIEN	01:17:03	00:18:54	00:01:17	00:44:10	00:00:54	00:11:47

Female : 40-44

1	161	Suzanne BLACKBORROW	01:05:52	00:18:40	00:00:49	00:33:52	00:00:44	00:11:45
2	165	Caitlin WADE	01:07:03	00:20:05	00:00:33	00:33:29	00:00:37	00:12:19
3	185	Ann BINGHAM	01:11:19	00:20:58	00:01:04	00:35:51	00:00:53	00:12:31
4	194	Sheridan BROWN	01:20:21	00:24:57	00:00:56	00:38:27	00:00:54	00:15:05
5	26	Adele GARWOOD	01:21:43	00:25:24	00:01:21	00:38:28	00:01:08	00:15:21

Male : 45-49

1	17	Adam CONQUEST	00:59:59	00:17:51	00:00:29	00:30:02	00:00:27	00:11:09
2	176	Jason MILLER	01:02:15	00:18:10	00:00:39	00:32:03	00:00:27	00:10:55
3	128	Paul TAYLOR	01:02:27	00:17:57	00:00:33	00:32:18	00:00:30	00:11:07
4	91	Dani ANDRES	01:04:23	00:17:33	00:00:54	00:33:41	00:00:58	00:11:15
5	117	Joel HILLIER	01:12:39	00:20:30	00:00:45	00:37:16	00:00:45	00:13:21
6	84	Shane AVERY	01:15:22	00:21:41	00:01:02	00:38:03	00:01:16	00:13:19
7	145	Matt ELLIS	01:15:42	00:22:21	00:00:38	00:37:21	00:00:49	00:14:32
8	172	David WAIN *	01:18:47	00:23:19	00:00:53	00:38:18	00:00:45	00:15:29
9	68	Bernie HUMPHREYS	01:20:04	00:23:45	00:01:13	00:38:44	00:00:55	00:15:25

Female : 45-49

1	166	Kirsty JOHNSON COX	01:09:37	00:19:57	00:00:31	00:36:40	00:00:32	00:11:55
2	61	Helen ROACH	01:11:35	00:21:18	00:00:29	00:36:46	00:00:30	00:12:30
3	168	Emma LEONARD	01:15:38	00:22:14	00:00:28	00:38:38	00:00:30	00:13:47
4	177	Davina CALHAEM	01:16:06	00:22:16	00:00:46	00:38:33	00:00:37	00:13:53
5	182	Courtney WHEELER	01:16:28	00:24:27	00:00:37	00:36:22	00:00:33	00:14:28
6	136	Jan O'SULLIVAN	01:20:55	00:24:52	00:00:57	00:38:43	00:00:45	00:15:36
7	107	Denise O'LOGHLEN	01:25:43	00:25:48	00:00:32	00:42:21	00:00:27	00:16:34
8	16	Kathryn RUDDICK	01:36:52	00:27:25	00:01:37	00:48:40	00:01:45	00:17:23
9	106	Iona (Jo) STAVROU	01:40:34	00:34:53	00:00:56	00:42:56	00:00:47	00:21:00

Male : 50-54

1	114	Grant GILBERT	01:01:44	00:18:20	00:00:26	00:31:15	00:00:31	00:11:11
2	31	Michael PRATT	01:01:58	00:17:59	00:00:21	00:31:42	00:00:27	00:11:27
3	156	Carmine SORIANO	01:03:32	00:19:08	00:00:41	00:31:05	00:00:33	00:12:04
4	155	Brian MILLETT	01:05:09	00:19:36	00:00:33	00:32:54	00:00:33	00:11:30
5	3	Daryn JAMES	01:05:19	00:18:12	00:00:22	00:35:12	00:00:22	00:11:09
6	42	Kieran WHITE	01:06:00	00:20:19	00:00:45	00:32:31	00:00:35	00:11:48
7	187	Darren PRYOR	01:11:36	00:21:13	00:00:29	00:36:03	00:00:37	00:13:13
8	94	David O'KEEFFE	01:13:38	00:21:40	00:01:06	00:36:37	00:01:02	00:13:12
9	48	Donald BALL	01:23:32	00:21:49	00:01:06	00:43:20	00:01:32	00:15:43
10	40	Johan MULDER	01:24:05	00:26:22	00:01:34	00:36:48	00:02:02	00:17:18
11	126	Jeff STEVEN	01:26:27	00:26:40	00:01:09	00:40:46	00:00:58	00:16:52

Female : 50-54

1	99	Sarah CLARK	01:09:02	00:19:34	00:00:25	00:36:13	00:00:24	00:12:24
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Pos	No	Name	Time	Run1	T1	Cycle	T2	Run2
2	170	Leanne KEATING	01:18:17	00:22:27	00:00:55	00:40:14	00:00:56	00:13:43
3	67	Dana HARRIS	01:24:24	00:26:16	00:00:51	00:39:37	00:01:08	00:16:30
4	60	Debbie REED *	01:32:23	00:26:08	00:01:05	00:46:20	00:01:20	00:17:28
5	46	Brenda SCULLY	01:36:49	00:28:07	00:01:36	00:47:51	00:01:39	00:17:35
6	112	Bronwyn SCOTT	01:41:18	00:30:43	00:01:44	00:48:48	00:01:39	00:18:23

Male : 55-59

1	159	Alex FINLAY	01:07:30	00:20:07	00:00:42	00:34:11	00:00:30	00:11:57
2	90	Phillip LOADER	01:08:42	00:19:38	00:00:23	00:35:31	00:00:28	00:12:41
3	32	Mark THOMAS	01:10:11	00:19:43	00:00:40	00:36:36	00:00:40	00:12:31
4	59	Stephen HANLON	01:12:54	00:22:19	00:00:30	00:35:43	00:00:29	00:13:52
5	131	Steven BIGGS	01:15:38	00:24:18	00:01:04	00:34:54	00:00:33	00:14:48
6	70	Mark KRAUSE	01:22:35	00:24:21	00:00:41	00:42:21	00:00:44	00:14:27
7	47	Cor VAN DER SCHEER *	01:28:10	00:24:28	00:00:45	00:45:35	00:00:24	00:16:57

Female : 55-59

1	132	Celine HEPWORTH	01:13:42	00:21:54	00:00:41	00:36:22	00:00:45	00:13:59
2	63	Jennifer DOWIE	01:17:41	00:22:56	00:00:36	00:39:23	00:00:35	00:14:09
3	175	Marcelle PAINTER	01:19:19	00:23:34	00:00:56	00:39:24	00:00:47	00:14:37
4	173	Penelope TOMKINSON	01:23:27	00:24:46	00:00:49	00:41:45	00:00:49	00:15:17
5	65	Leone JOICE	01:36:06	00:33:17	00:01:19	00:38:30	00:01:26	00:21:32

Male : 60-64

1	189	Kevin KING	01:04:05	00:20:02	00:00:27	00:30:30	00:00:26	00:12:37
2	143	Neale PUGH	01:05:39	00:18:57	00:00:53	00:32:56	00:00:30	00:12:22
3	122	Rob LICCIARDO	01:08:18	00:19:58	00:00:34	00:34:42	00:00:37	00:12:24
4	54	Neil MATTHEWS	01:12:57	00:22:08	00:00:45	00:34:44	00:00:49	00:14:30
5	64	David WARMINGTON *	01:18:40	00:22:04	00:01:02	00:38:52	00:01:13	00:15:28
6	74	Garry PRESTON	01:24:27	00:24:45	00:01:36	00:40:48	00:01:26	00:15:51
7	5	Michael KING	01:26:15	00:28:08	00:01:00	00:39:23	00:01:10	00:16:33

Male : 65-69

1	49	Philip HANLEY	01:09:21	00:20:19	00:00:26	00:34:32	00:00:34	00:13:28
2	72	Witold KRAJEWSKI	01:15:40	00:22:51	00:00:34	00:37:19	00:00:44	00:14:11
3	152	Kevin BELL	01:18:07	00:21:04	00:00:50	00:41:52	00:00:42	00:13:36

Male : Multiclass

1	125	Clint PICKIN	01:08:15	00:20:43	00:00:39	00:33:08	00:01:12	00:12:31
2	120	Harry MEZGER	01:14:05	00:18:41	00:01:06	00:40:18	00:00:51	00:13:07
3	34	Monty COOPER	01:24:57	00:24:13	00:01:10	00:42:25	00:01:02	00:16:06
4	148	Andre ASCUI	01:30:22	00:27:32	00:01:28	00:40:36	00:01:25	00:19:19
5	149	Gonzalo Ascui ASCUI	01:30:22	00:27:32	00:01:29	00:40:34	00:01:23	00:19:23

Female : Multiclass

1	192	Chloe TURNER	01:27:08	00:24:14	00:00:29	00:46:34	00:00:32	00:15:18
2	18	Montana WHITELEY	01:41:07	00:25:43	00:01:12	01:02:16	00:01:07	00:10:47

Male : PTHC

1	78	Alex WELSH *	01:02:24	00:14:02	00:01:10	00:37:14	00:00:58	00:09:00
2	79	Campbell MESSAGE *	01:18:22	00:14:03	00:01:26	00:51:26	00:02:20	00:09:07

Pos	No	Name	Time	Run1	T1	Cycle	T2	Run2
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Male : 70-74

1	123	John ALLEN	01:20:32	00:23:44	00:01:07	00:39:41	00:00:45	00:15:14
2	75	Robert MCLOUGHLAN	01:22:54	00:24:51	00:01:03	00:40:01	00:01:00	00:15:57

Male : Open

1	103	Levi MAXWELL	00:54:35	00:15:15	00:00:23	00:28:49	00:00:23	00:09:43
2	45	Troy WHITTINGTON	00:57:31	00:15:26	00:00:22	00:31:39	00:00:24	00:09:37
3	118	Kurt FRYER	00:57:59	00:15:37	00:00:25	00:31:53	00:00:26	00:09:37
4	69	Edward VINING	00:58:54	00:15:00	00:00:25	00:33:35	00:00:24	00:09:28
5	105	Matthew DE VROET	01:03:40	00:19:10	00:00:54	00:30:08	00:00:40	00:12:45

Female : Open

1	160	Grace THEK	01:03:40	00:17:56	00:00:26	00:34:09	00:00:23	00:10:44
2	196	Amanda WILSON	01:04:00	00:17:57	00:00:34	00:33:56	00:00:35	00:10:56
3	158	Emma HOGAN	01:08:07	00:18:00	00:00:26	00:37:59	00:00:24	00:11:17

Male : 75-79

1	195	John TAYLOR	01:59:23	00:37:08	00:02:09	00:51:16	00:01:47	00:27:01
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Male : 80-84

1	250	Lachlan LEWIS	02:15:23	00:43:15	00:03:18	00:58:35	00:02:22	00:27:51
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