

# Villawoods BTC R6 2023 Series

## Results by Category: Long C Tri

Date: 26 Feb 2023

Pos	No	Name	H'Cap Time	H'Cap	Raw Time	Swim	T1	Cycle	T2	Run
1	279	Paul MCGRATH	<b>00:44:44</b>	-00:17:39	01:02:23	00:10:17	00:00:26	00:30:03	00:01:33	00:20:02
2	239	Gavin HICKS	<b>00:45:35</b>	-00:08:36	00:54:11	00:08:46	00:00:29	00:27:02	00:00:49	00:17:04
3	240	Peter COWELL	<b>00:45:48</b>	-00:10:28	00:56:16	00:08:34	00:01:12	00:28:29	00:00:52	00:17:09
4	238	Michael SPENCER	<b>00:46:37</b>	-00:06:55	00:53:32	00:07:42	00:00:23	00:26:30	00:00:34	00:18:21
5	280	Greg CARTER	<b>00:46:39</b>	-00:12:26	00:59:05	00:08:59	00:00:50	00:28:32	00:00:58	00:19:42
6	277	Troy MORRIS	<b>00:47:32</b>	-00:12:28	01:00:00	00:09:13	00:00:43	00:29:14	00:00:42	00:20:05
7	244	Alison CARTNER	<b>00:48:53</b>	-00:14:58	01:03:51	00:08:58	00:00:40	00:33:05	00:00:35	00:20:31
8	294	Tony VLAEMINCK	<b>00:53:58</b>	-00:00:01	00:53:59	00:07:34	00:00:29	00:27:24	00:00:33	00:17:57
9	320	Mitchell GOODWIN	<b>01:00:26</b>	-00:00:01	01:00:27	00:10:06	00:00:55	00:30:44	00:01:25	00:17:15
10	321	Will COUTTS	<b>01:01:20</b>	-00:00:01	01:01:21	00:10:17	00:00:49	00:31:32	00:00:19	00:18:24